

STEP THERAPY

Steps That Keep Cystic Fibrosis Patients From Accessing Care

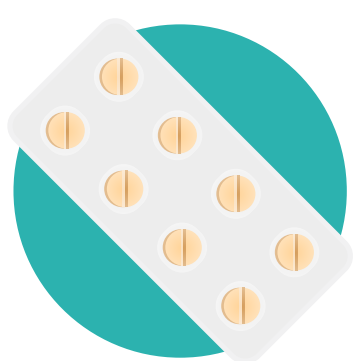


STEP 1

Patient seeks treatment for debilitating symptoms.

STEP 2

Health care provider prescribes medication based on patient's:
SYMPTOMS • DIAGNOSIS • MEDICAL HISTORY



STEP 3

Insurance company requires patient to “fail first” on an older, less expensive medication.

STEP 4

Patient takes insurer-preferred medication for 3 months with little progress.



STEP 5

Insurance company requires patient to “fail first” *on a second medication* for another 3 months.

STEP 6

Patient experiences:

- Anxiety
- Unchecked symptoms
- Disease progression



FINAL STEP



Patient finally accesses prescribed medication

or



Patient gives up in frustration



CFEN

Cystic Fibrosis Engagement Network